



INTERNATIONAL INDIAN SCHOOL, AL-JUBAIL
C.C.A JUNIOR PRIMARY SECTION (2017-2018)



Dear Parents of Class I,

Date: 23/11/2017

"EAT HEALTHY, BE HEALTHY"

A balanced diet is one that helps to maintain or improve overall health. Children who are given healthy foods will receive a life time bonus of a stronger mind and body.

We are pleased to inform you that to emphasis the healthy eating habits among the children and make them realize the importance of nutritious food, we have planned to celebrate **"Healthy Food Week"** from **3rd Dec. to 7th Dec.2017.**

You can send charts, slogans, pictures etc. relating to Healthy Food.

We appreciate the co- operation of the parents by sending nutritious and healthy food in their tiffin box.

Thanking you for your kind co-operation.

Rizwana A
C.C.A. In-charge
Class I, J.P.S.

Tabassum Shaikh
Headmistress 23/11/17
J.P.S.

[Signature]
Principal 23/11/17
I.I.S.Jubail.