

KINDERGARTEN SECTION

U.KG ANNUAL SPORTS 2017-2018

Dear Parents,

The overall development is a must for every child. Sports, not only keep us physically fit but also energize our inner self. Keeping this in mind , warmup exercises like deep breathing, jumping and jogging are being taught regularly in the morning assembly. The Kindergarten Annual Sports Practice will begin from 7th November, 2017. The following events have been scheduled for Upper Kindergarten Classes.

1. Sprint Race

2. Book Balancing Race

Sprint Race: Flat running race.

Book Balancing Race: The child has to balance the book on his/her head & reach to the point given.

Proper and sufficient practice will be given to the students from 7th November to 22nd November, 2017 during their respective games period. **Semi- Final & Final** will be held from 23rd November to 7th December, 2017.

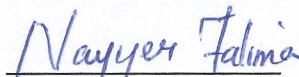
The selected students in the heat rounds will be informed about their results.

Please give enough practice to boost up their morale.

Your co-operation and support is highly appreciated in this regard.

Thanks & Best Regards,


U.KG SPORTS INCHARGE


HM KG SECTION


PRINCIPAL 28.10.17

KINDERGARTEN SECTION

L.KG ANNUAL SPORTS 2017-2018

Dear Parents,

The overall development is a must for every child. Sports, not only keep us physically fit but also energize our inner self. Keeping this in mind, warmup exercises like deep breathing, jumping and jogging are being taught regularly in the morning assembly. The Kindergarten Annual Sports Practice will begin from 7th November, 2017. The following events have been scheduled for Lower Kindergarten Classes.

1. Sprint Race

2. Frog Race

Sprint Race: Flat running race.

Frog Race: The child has to jump like a frog and reach to the point given.

Proper and sufficient practice will be given to the students from 7th November to 22nd November, 2017 during their respective games period. **Semi- Final & Final** will be held from 23rd November to 7th December, 2017.

The selected students in the heat rounds will be informed about their results.

Please give enough practice to boost up their morale.

Your co-operation and support is highly appreciated in this regard.

Thanks & Best Regards,

Mrs. Charu
L.KG SPORTS INCHARGE

Nayyer Fatima
HM/KG SECTION

Shameed
PRINCIPAL